**Harford County**

**Behavioral Health Crisis Response**

**Resource Guide**

(Revision Date May 2018)

**

**Harford County Health Department**

120 S. Hays Street

Bel Air, Maryland 21014

410.838.1500

www.harfordcountyhealth.com

For Immediate Assistance and On-Going Support

**Harford County Mobile Crisis Team**

104 North Main St, Suite 201/ Bel Air, MD 21014/ 410-638-5248

The Harford County Mobile Crisis Team (MCT) is a free service available from 8 a.m. to midnight every day. MCT can come to a physician’s office or to an individual home. Or if an individual in crisis prefers and feels safe to travel, individuals in crisis may come to our office in Bel Air. Services include a crisis assessment, recommendations for follow-up care including referrals. When out-patient care is most appropriate, MCT will work with the individual and family to make a connection and set an appointment with a therapist and/or psychiatrist, as quickly as is necessary. MCT remains in contact with the individual who is experiencing an urgent situation until they have been seen by their new clinician. MCT can assist if in-patient hospitalization is required. There is no demographic of Harford County residents who cannot be served by MCT. Depending on availability of MCT staff, callers may need to leave a message.

Urgent (For Counseling Appointments within 24-48 hours)

**Alternative Counseling and Wellness Center**

**Harford County**: 1212 Churchville Rd Suite 300 / Churchville, MD 21028/ 410.828.0101

**Baltimore County:** 28 Alleghany Ave / Suite 510/ Towson, MD 21204/ 410.828.0101

**Office Hours:** 12p-8p (Mon-Fri), Saturday-by appointment

**Accepted Insurance:** Carefirst-BCBS/ Aetna/Medicaid/ Tricare/ ComPsych/ Medicare/ APS/ United Behavioral Health/Magellan/ Value Options/Commercial Payers

**Demographic:** Child/ Adolescent/ Adult

**Ann-Marie Porretti, LCPC**

2303 Bel Air Rd / Suite B/ Fallston, MD 21047/ 410.591.8316

**Office Hours:** 5p-8p (Tues,Wed,Fri), Saturday 9a-3p

**Accepted Insurance:** Carefirst-BCBS/Aetna/Cigna/ United Behavioral Health/

Value Options/Magellan

**Demographic:** Child/ Adolescent/ Adult

**Specialty Area:** PTSD/ trauma/ cognitive behavioral therapy

**Bob Bowden, LCPC**

3006 Churchville Rd / Churchville, MD 21028/ 410.830.9268

**Office Hours**: 8a-8p (Mon-Thurs)

**Accepted Insurance:** Carefirst-BCBS/Tricare/Cigna/Aetna/ Value Options/Medicaid/JHHP-EHP/ United Healthcare/United Behavioral Health/APS/Self Pay

**Demographic**: Child/ Adolescent/ Adult/ Geriatric

**Specialty Area:** individual psychotherapy/couple & family psychotherapy

**Carolyn Wells, LCPC**

1001 Cedar Corner Rd/ Suite C/ Perryville, MD 21903/ 443.275.8874

**Office Hours:** 10a-8p (Mon-Fri)

**Accepted Insurance:** Carefirst-BCBS/Aetna/Cigna/Tricare/ComPsych/United Healthcare/APS/ United Behavioral Health/Magellan/Value Options/Commercial Payers/Commercial-out of network benefit

**Demographic:** Child/ Adolescent/ Adult/ Geriatric

**Cynthia D. Balog, LCPC, LCADC**

3313 Paper Mill Rd, Suite 5/ Phoenix, MD 21131/ 410.802.4049

**Office Hours:** 9a-9p (Mon-Fri) 9a-5p (Sat,Sun)

**Accepted Insurance:** Carefirst-BCBS/Aetna/Cigna/ComPsych/Value Options/Magellan

United Behavioral Health/self-pay

**Demographic:** Child/ Adolescent/ Adult

**Specialty Area:**behavioral & substance abuse addiction/depression/anxiety/couple therapy

**Dale Tracy, LCPC**

**Harford County:** 4 North Ave/ Suite 303/ Bel Air, MD 21014/ 443.414.8617

**Office Hours:** 2p-8p (Mon) & 10a-8p (Wed)

**Cecil County:** 102 B East Cecil Ave/ Northeast, MD 21901/ 443.414.8617

**Office Hours**: 10p-8p (Tues, Fri)

**Accepted Insurance:** Carefirst-BCBS/Aetna/Cigna/United Healthcare/Self Pay, graduated scale

**Demographic:** Adult/ Geriatric

**Specialty Area:** couple & family therapy

**Emmorton Psych**

3105 Emmorton Rd/ Abingdon, MD 21009/ 410.569.5900

**Office Hours:** 8a-4p (Mon-Fri) 6p-9p (Mon/Wed/Thur/Fri)

**Accepted Insurance:** Carefirst-BCBS/Aetna/United Behavioral Health/Medicare

**Demographic:** Adult/ Geriatric

**Specialty Area:** mental health, substance abuse

**Drumgoole Counseling Services**

1212 Churchville Rd/ Suite 301/ Bel Air, MD 21014/ 443.955.9648

**Office Hours**: 5p-9p (Mon-Thurs); 9a-3p (Tues, Thurs)

**Accepted Insurance:** Carefirst-BCBS/Aetna/Tricare/ APS/Magellan/Medicaid/JHHP-EHP/ ComPsych/Commercial-out of network benefit/self- pay, sliding scale

**Demographic**: Child 10+/ Adolescent/ Adult/ Geriatric

**In Spirit Counseling Services**

**Harford County:** 2501 Emmorton Rd/ Abingdon, MD 21009/ 410.433.8861 X 501

**Office Hours:** 9a-7p (Mon-Wed)

**Baltimore County:** 9534 Bel Air Rd/ Nottingham, MD 21236/ 410.433.8861

**Office Hours**: call for appointment (Mon-Sat)

**Accepted Insurance:** Medicaid/Commercial Payers

**Demographic:** Child/ Adolescent/ Adult/ Geriatric

**Joan Jurkowski, LCPC, CAC-AD**

3313 Paper Mill Rd/ Suite 5/ Phoenix, MD 21131/ 410.790.9604

**Office Hours:** 1p-9p (Mon), 11a-9p (Tues), 9a-5p (Thurs), 1p-7p (Fri)

**Accepted Insurance:** Carefirst-BCBS/Medicaid/Aetna/Cigna/Coventry-MHNet/ComPsych/ Magellan/Value Options/ Kaiser (w/out of network benefit)

**Demographic:** Child/ Adolescent/ Adult/ Geriatric

**Specialty Area:** substance abuse

**Joy A. Williamson, LCSWC**

22 Linwood Ave/ Suite B/ Bel Air, MD 21014/ 410.420.0404

**Office Hours:** 10a-8p (Mon-Thurs)

**Accepted Insurance:** Carefirst-BCBS/Medicare/Magellan/APS/Tricare/United Behavioral Health/Aetna/Commercial-out of network benefit/self-pay

**Demographic:** Adolescent/Adult/ Geriatric

**Karing Actions Bring Solutions**

59 Kensington Pkwy/ Abingdon, MD 21009/ 443.928.9554

**Office Hours**: 9a-8p (Mon-Fri)

**Accepted Insurance:** Carefirst-BCBS/Aetna/Magellan/Medicare/Medicaid/United Behavioral Health/JHHP-EHP/United Healthcare/Value Options/Self- Pay

**Demographic**: Child/ Adolescent/ Adult/ Geriatric

**Kilgalen and Associates**

1716 Harford Rd/ Suite 204/ Fallston, MD 21047/ 410.877.7207

**Office Hours:** 8a-8p (Mon-Thurs), 8a-5p (Fri), 8a-7p (Sat)

**Accepted Insurance:** All Insurance Plans; No Medical Assistance

**Demographic:** Child/ Adolescent/ Adult/ Geriatric

**Linda Smith, LCPC**

**Bel Air:** 26 South Main St/ Bel Air, MD 21014/ 443.655.7164

**Office Hours:** 12p-8p (Mon, Wed) & 1p-5p (Fri)

**White Hall:** 4831 Norrisville Rd/ White Hall, MD 21161/ 443.655.7164

**Office Hours:** 2p-6p (Tues, Thurs) & 9a-12p (Sat)

**Accepted Insurance:** Carefirst-BCBS/Aetna/Cigna/ MH Net/Medicaid/ Uninsured-graduated scale/ Commercial-out of network benefit

**Demographic:** Child/ Adolescent/ Adult/ Geriatric

**Specialty Area:** equine assisted psychotherapy

**Marc Getz, LCPC**

26 South Main St/ Bel Air, MD 21014/ 410.838.4647

**Office Hours:** 1p-9p (Mon-Thurs), 9a-5p (Sun)

**Accepted Insurance:** Carefirst-BCBS/Medicaid/Cigna/ United Behavioral Health/Tricare/Aetna/ Magellan/APS/Value Options/ Commercial-out of network benefit/Self- Pay

**Demographic:** Adolescent/ Adult

**Specialty Area:** cognitive behavioral therapy, dual diagnosis

**Michelle W. Sayre, LCSW-C**

754 Hickory Avenue/ Suite D/ Bel Air, MD 21014/ 410.459.3844

**Office Hours**: 11a-7p (Mon-Fri)

**Accepted Insurance:** Carefirst-BCBS/Medicaid/ self- pay, will submit courtesy claim to insurance

**Demographic**: Child/ Adolescent/ Adult/ Geriatric

**Specialty Area:** equine assisted psychotherapy, EAGALA certified

**Nikita Cox, EDD, LCPC**

413 West Bel Air Ave/ Suite 103/ Aberdeen, MD 21001/ 443.756.3101

**Office Hours:** 8a-1p (Tues), 10a-6p (Wed, Fri), 8a-1p (Sat)

**Accepted Insurance:** Carefirst-BCBS/Aetna/Cigna/Medicaid/Tricare/Magellan/APS/ Value Options/ComPsych/United Behavioral Health/Commercial-out of network benefit/ Self- Pay

**Demographic:** Child/ Adolescent/ Adult/ Geriatric

**North Harford Counseling Center**

1714 West Jarrettsville Rd/ Jarrettsville, MD 21084/ 443.613.6233

**Office Hours:** 9a-8p (Tues-Thurs), 9a-6p (Fri), 9a-4p (Sat)

**Accepted Insurance:** Carefirst-BCBS/Value Options/APS/Aetna/Cigna/Medicaid/JHHP/Magellan

**Demographic:** Child/ Adolescent/ Adult

**Pathways Counseling Services**

6610 Tributary St. / Suite 310/ Dundalk, MD 21224/ 443.438.9532

**Office Hours:** 8a-5p (Tues-Fri)

**Accepted Insurance:** Carefirst-BCBS/Humana/Medicaid

**Demographic:** Child 7-17/ Adult/ Geriatric

**Specialty Area:** home visits in Harford County

**The Pinkis Group**

9 South Hickory Ave/ Bel Air, MD 21014/ 410.838.1113

**Office Hours**: 9a-5p (Mon-Fri) some evenings

**Accepted Insurance:** Medicare/Commercial Payers

**Demographic**: Child/ Adolescent/ Adult/ Geriatric

**Psych Associates Care, LLC**

2303 Bel Air Rd/ Suite B/ Fallston, MD 21047/ 443.279.2000 X1

**Office Hours:** 1p-6p (Mon), 9a-1p (Thurs)

**Accepted Insurance:** Aetna/Cigna/Self- Pay, will submit courtesy claims to insurance

**Demographic:** Child/ Adolescent/ Adult

**Psych Associates of MD**

22 Linwood Ave/ Suite B/ Bel Air, MD 21014/ 410.627.2660 / 410.823.6408 X14

**Office Hours:** 2p-9p (Fri)

**Accepted Insurance:** Carefirst-BCBS/ Medicare/Aetna/Cigna/United Healthcare/Commercial Payers

**Demographic:** Adolescent/ Adult / Geriatric

**Safe Harbor Counseling**

**Bel Air:** 2227 Old Emmorton Rd/ Suite 119/ Bel Air, MD 21015/ 410.893.4800

**Forest Hill:** 12 East Jarrettsville Rd/ Forest Hill, MD 21050/ 410.893.4800

**Office Hours:** 8a-9p (Mon-Fri), 9a-5p (Sat)

**Accepted Insurance:** Carefirst-BCBS/JHHP-EHP/US Family Care/Tricare/ Medicaid/Medicare/APS/Aetna/Commercial Payers/Cigna (out of network benefit)

**Demographic:** Child/ Adolescent/ Adult/ Geriatric

**Swan Expressive Therapies**

260 Gateway Dr/ Suite 3-4B/ Bel Air, MD 21014/ 410.838.9558

**Office Hours:** 9a-9p (Mon-Fri)

**Accepted Insurance:** Self- Pay, will provide documentation for patients for direct submission to insurance

**Demographic:** Child/Adolescent/ Adult/ Geriatric

**Therapeutic Living for Families**

3425 Sinclair Lane/ Baltimore, MD 21213/ 410.366.1151

**Office Hours:** 9a-5:30p (Mon-Fri) Walk – In accepted 9am-4pm (Mon-Fri)

**Accepted Insurance:** Medicare/Medicaid/Commercial Payers

**Demographic:** Child/ Adolescent/ Adult/ Geriatric

Non-Emergent (For Follow-Up Appointments in 7-14 Days)

**Support with Compassion Family Counseling, LLC**

1600 Singer Rd/ Joppa, MD 21085/ 410.688.2138

**Office Hours:** 11a-7p (Mon-Fri)

**Accepted Insurance:** Carefirst-BCBS/Magellan/Cigna/ Champ VA/Tricare/Medicare/Medicaid/ Military One Source/self-pay sliding scale

**Demographic:** Child/ Adolescent/ Adult/ Geriatric

**Alyssa Taylor, LCSW**

1804 Harford Rd/ Fallston, MD 21047/ 443.417.0069

**Office Hours:** 12p-9p (Mon, Thur), 12p-9p (Tues, Fri)

**Accepted Insurance:** Carefirst-BCBS/Medicaid/self-pay graduated scale

**Demographic:** Adolescent/ Adult

**Specialty Area:** equine assisted psychotherapy

**Associated Mental Health Specialists**

**Bel Air:** 336 South Main St/ Suite 1C-C/ Bel Air, MD 21014/ 410.583.2222

**Towson:** 110 East Pennsylvania Ave/ Towson, MD 21204/ 410.583.2222

**Essex:** 532 Eastern Blvd/ Essex, MD 21221/ 410.583.2222

**Office Hours:** 9a-5p (Mon-Fri)

**Accepted Insurance:** Carefirst-BCBS/Aetna/Cigna/Tricare/ComPsych/APS/Magellan/

United Behavioral Health/United Healthcare/Value Options/Medicare/Medicaid/

Commercial Payers

**Demographic:** Child/Adolescent/Adult

**Bay Counseling Services**

2107 Laurel Bush Rd/ Suite 209/ Bel Air, MD 21015/ 410.569.5000

**Office Hours:** 730a-8p (Mon-Thurs) 730a-6p (Fri) 8a-4p (Sat)

**Accepted Insurance:** Carefirst-BCBS/Aetna/United Behavioral

Health/Medicare/Coresource/Tricare/APS/Cigna/ComPsych/JHHP-EHP/BICHFEP/Kaiser/MH

Net/VBH/Magellan/self-pay

**Demographic:** Child/ Adolescent/ Adult/ Geriatric

**Brinkerhoff and Associates**

4 North Ave/ Suite 303B/ Bel Air, MD 21014/ 888.789.6435/ 410.457.7767

**Office Hours:** 10a-7p (Tues, Thur, )

**Accepted Insurance:** Carefirst-BCBS/Aetna/Cigna/JHHP-EHP/Value Options/APS/United

Behavioral Health/Magellan/self-pay

**Demographic:** Child/ Adolescent/ Adult/ Geriatric

**Specialty Area:** behavioral addiction, substance abuse addiction, PsTD, couple & family therapy, holistic approach

**Carol A. Deel and Associates**

101 S Main St/ Suite 307/ Bel Air, MD 21014/ 410.879.2470

**Office Hours:** 10a-7p (Mon-Thur)

**Accepted Insurance**: Carefirst-BCBS/Aetna/Cigna/Magellan/Medicaid/Tricare/Military One Source/United Behavioral Health/Value Options/APS/Employee Assistance Program (EAP)/self-pay

**Demographic:** Adult/ Geriatric

**CenterPointe Counseling**

206 East Courtland Place/ Bel Air, MD 21014/ 800.491.5369 X 120

**Office Hours:** day & evening (Mon-Fri)

**Accepted Insurance:** Carefirst-BCBS/APS/Cigna/ComPsych/JHHP-EHP/ Magellan/Medicaid/Medicare/Tricare/MH Net/Multiplan/United Behavioral Health

**Demographic:** Child/ Adolescent/ Adult/ Geriatric

**Dale L. Peterson, PhD**

24 Pennsylvania Ave/ Suite 101/ Bel Air, MD 21014/ 443.987.4127

**Office Hours:** 7a-3p (Mon/Wed)

**Accepted Insurance**: Carefirst-BCBS/Cigna/JHHP-EHP/Medicare/United Behavioral Health

**Demographic:** Adult/ Geriatric

**David L. Jahn, PhD**

22 West Pennsylvania Ave/ 2nd Floor/ Bel Air, MD 21014/ 410.836.8984

**Office Hours:** 9:30a-9:30p (Mon-Thur)

**Accepted Insurance:** Carefirst-BCBS/Aetna/United Behavioral Health/APS/Tricare/self-pay

**Demographic:** Adult

**Diane Casciotti, LCSW**

101 South Main St/ Suite 307/ Bel Air, MD 21014/ 410.979.7561

**Office Hours:** day & evening (Mon-Fri)

**Accepted Insurance:** Carefirst-BCBS/Cigna/Kaiser/United Behavioral Health/APS/JHHP-EHP/Value Options/Tricare

**Demographic:** Adolescent/ Adult

**Eagles Nest Family and Children Services, LLC**

59 Kensington Pkwy/ Abingdon, MD 21009/ 410.670.3784

**Office Hours:** 10a-7p (Mon-Fri)

**Accepted Insurance:** Carefirst-BCBS/Aetna/Magellan/APS/ComPsych/Medicaid/Tricare/self-pay

**Demographic:** Adolescent/ Adult

**Erin R. Tancemore, LCSW**

2303 Bel Air Rd/ Suite B/ Fallston, MD 21047/ 443.758.4152

**Office Hours:** 5p-8:30p (Mon-Fri)

**Accepted Insurance:** Carefirst-BCBS/Aetna/Magellan/ComPsych/Commercial-out of network benefit

**Demographic:** Child/ Adolescent/ Adult/ Geriatric

**Gene B. Popiolek, LCPC**

141 North Main St/ Bel Air, MD 21014/ 410.838.6880

**Office Hours:** 10a-8p (Mon-Thur)

**Accepted Insurance:** Carefirst-BCBS/Aetna/Cigna

**Demographic:** Adolescent/ Adult

**Specialty Area:** anxiety, depression, mindfulness based cognitive therapy

**Gwen V. Merz, LCSW-C**

407 East Churchville Rd/ Suite 201/ Churchville, MD 21028/ 410.967.2175

**Office Hours:** 5p-9p (Tues, Wed)

**Accepted Insurance:** Carefirst-BCBS/Aetna/Cigna/Tricare/Medicare/Magellan/Medicaid/APS/

Golden Rule/Multi Plan/MHN/MHNet/United Behavioral Health/Value Options/Optimum

Choice/One Net/Mutual of Omaha

**Demographic:** Child/ Adolescent/ Adult

**Harford Counseling**

1201 Agora Dr/ Suite LB-2/ Bel Air, MD 21014/ 410.836.7332

**Office Hours:** 8a-8p (Mon-Fri), 9a-12p (Sat-every other weekend)

**Accepted Insurance:** Carefirst-BCBS/Aetna/Cigna/Medicare/Medicaid/United Behavioral

Health/ComPsych/Tricare/United Healthcare/Commercial Payers/self-pay

**Demographic:** Child/ Adolescent/ Adult/ Geriatric

**Specialty Area:** substance abuse addiction, PTSD

**Harford Psychological Services**

2021 Emmorton Rd/ Suite 120A/ Bel Air, MD 21015/ 410.569.5001

**Office Hours:** 8a-6p (Mon-Fri)

**Accepted Insurance:** Carefirst-BCBS/Aetna/Cigna/Tricare/ComPsych/United

Healthcare/APS/United Behavioral Health/Magellan/Value Options/Commercial Payers/Medicare/Medicaid

**Demographic:** Child/ Adolescent/ Adult/ Geriatric

**Karen M. Sugden, MSW, LCSW-C, LCAD-C**

419 Cedar Springs Rd/ Bel Air, MD 21015/ 443.406.4757

**Office Hours:** variousday hours (Tues-Thur)

**Accepted Insurance:** Carefirst-BCBS/APS/NCAS/University of MD-EAP/Behavioral Health Systems/JHHP-EHP/US Family Health Plan/United Behavioral Health/Magellan/Commercial-out of network benefit/self-pay

**Demographic:**  Adult

**Specialty Area:** addiction, dual diagnosis, anxiety, depression, trauma

**Keypoint Health Services**

135 North Parke St/ Aberdeen, MD 21001/ 443.625.1600

**Office Hours:** 8:30a-7p (Mon-Wed) & 8:30a-5p (Thurs & Fri)

**Accepted Insurance:** Carefirst-BCBS/Medicare/Medicaid

**Demographic:** Children/ Adolescent/ Adult

**Lauren Bryant Counseling**

3313 Paper Mill Rd/ Suite 5/ Phoenix, MD 21131/ 443.913.0706

**Office Hours:** 9a-9p (Mon-Fri)

**Accepted Insurance:** Carefirst-BCBS/Aetna/Cigna/ComPsych/Magellan/APS/self-pay

**Demographic:** Adolescent/ Adult/ Geriatric

**Linda Fritch, LCSW**

336 South Main St/ Suite 1C/ Bel Air, MD 21014/ 410.459.9666

**Office Hours:** 8a-9p (Tues, Wed)

**Accepted Insurance:** Carefirst-BCBS/Cigna/Aetna/Medicaid/Magellan/APS/Value

Options/ComPsych/MH Net/Commercial-out of network benefit/self-pay

**Demographic:** Child/ Adolescent/ Adult

**Mirarchi & Kelly**

1810 Bel Air Rd/ Suite 203/ Fallston, MD 21047/ 410.879.7269/ 410.838.6566

**Office Hours:** 9a-6:30p (Mon-Thur)

**Accepted Insurance:** Medicare/Tricare/self-pay, will provide information for patient to submit to health plan

**Demographic:** Child 6+/ Adolescent/ Adult/ Geriatric

**Dr. Nelson Bentley and Associates**

336 South Main St/ Suite A/ Bel Air, MD 21014/ 410.893.0995

**Office Hours:** 9a-5p (Mon-Thur)

**Accepted Insurance:** Carefirst-BCBS/Aetna/Magellan/Medicare/JHHP-EHP/Cigna/APS/Value Options/United Behavioral Health/ComPsych/most major health plans/Commercial-out of network benefit/Self-Pay

**Demographic:** Adolescent/ Adult/ Geriatric

**North Park Family Consultation Center**

4 C North Ave/ Suite 403/ Bel Air, MD 21014/ 410.638.7088

**Office Hours:** 1p-9p (Mon-Fri) 9a-1p (Sat-by appointment)

**Accepted Insurance:** Carefirst-BCBS/Aetna/United Healthcare/Value Options/Tricare

**Demographic:** Child/ Adolescent/ Adult

**OIC Counseling Services**

336 S. Main St/ Suite 1C/ Bel Air, MD 21014/ 410.695.4801

**Office Hours:** 9a-8p (Mon-Fri)

**Accepted Insurance:** Carefirst-BCBS/Medicaid/Medicare/Magellan/Aetna/Cigna/JHHP-EHP/ ComPsych/Tricare/APS/ Commercial-out of network benefit/Self Pay

**Demographic:** Child/ Adolescent/ Adult/ Geriatric

**Specialty Area:** bipolar disorder, coping skills

**Paul B. Sheesley, MA, LCPC**

101 S. Main St/ Suite 307/ Bel Air, MD 21014/ 443.910.3911

**Office Hours:** 4:45p-7p (Mon, Tues, Fri) & 8a-2p (1 Sat per month)

**Accepted Insurance:** Carefirst-BCBS/Medicaid/Magellan/Optum Behavioral Health

**Demographic:** Adolescent/ Adult/ Geriatric

**The Children's Guild**

6802 McClean Blvd/ Baltimore, MD 21234/ 410.444.3800 ext 1202

**Office Hours:** 8:30a-6p (Mon-Fri), additional appointment times by request

**Accepted Insurance:** Carefirst-BCBS/Medicaid/Tricare

**Demographic:** Child/ Adolescent (ages 3-18)

**Specialty Area:** Trauma, Anxiety, Depression, ADHD, Grief and Loss, Family and School Problems

**University of MD at Harford Memorial**

**Outpatient Behavioral Health**

501 South Union Ave/ Havre de Grace, MD 21078/ 443.843.8800/ 443.843.8054

**Office Hours:** 9a-5:30p (Mon-Fri)

**Accepted Insurance:** Carefirst-BCBS/Medicare/Medicaid/ Aetna/Cigna/Commercial Payers

**Demographic:** Adult/ Geriatric

**Upper Bay Counseling and Support Services**

**Harford County:** 626 Revolution St/ Havre de Grace, MD 21078/ 410.996.3400/ 410.996.3450

**Office Hours:** 8a-8p (Mon, Tues), 8a-6p (Wed, Thurs) & 7a-3p (Fri)

**Cecil County:** 1275 B West Pulaski Hwy/ Elkton, MD 21922/ 410.996.3450

**Office Hours:** 8a-6p (Mon), 8a-8p (Tues-Thurs) & 7a-3p (Fri)

**Accepted Insurance:** Medicaid/Medicare/Commercial Payers

**Demographic:** Child/ Adolescent/ Adult/ Geriatric

**Villa Maria/ Catholic Charities**

1301 Continental Dr/ Suite 101/ Abingdon, MD 21009/ 410.676.4002

**Office Hours:** 8a-5p (Mon-Fri)

**Accepted Insurance:** Medicaid

**Demographic:** Child/ Adolescent/ Adult/ Geriatric

**Whitesell & Associates**

900 A South Main St/ Suite 105/ Bel Air, MD 21014/ 410.457.7438

**Office Hours:** 9a-9p (Mon-Fri)

**Accepted Insurance:** Medicaid/Commercial Payers

**Demographic:** Child/Adolescent/ Adult/ Geriatric

For Follow-Up Appointments in 3+ Weeks

 **Geri L. Skuhr, LCSW-C, LCAD-C**

12559 Dulaney Valley Rd/ Phoenix, MD 21131/ 410.832.8700

**Office Hours:** 9a-6p (Mon-Wed)

**Accepted Insurance:** Carefirst-BCBS/Aetna/Cigna/APS/Magellan/United Behavioral Health/ComPsych/Value Options/self-pay

**Demographic:** Adolescent/ Adult

**Harford County Counseling Services**

801 Chance Court/ Street, MD 21154/ 410.893.7217

**Office Hours:** 7a-8p (Mon-Thur)

**Accepted Insurance:** APS/Cigna/JHHP-EHP/United Healthcare/United Behavioral Health/ Value Options/Medicare/Tricare/Commercial-out of network benefit/Self-Pay-sliding scale

**Demographic:** Adolescent/ Adult/ Geriatric

**Specialty Area:** Eye Movement Desensitization and Reprocessing (EMDR) therapy approach

**Mina Kirkova Counseling**

3009 Jackson Ridge Court/ Phoenix, MD 21131/ 410-988-7247

**Office Hours:** 9a-9p (Mon-Sun)

**Accepted Insurance:** Carefirst-BCBS/Aetna/JHHP-EHP/Commercial-out of network benefit/ self-pay

**Demographic:** Child/ Adolescent

**Specialty Area:** oppositional defiance disorder, ADHD, parent coaching, skill building

***Disclaimer: Harford County Health Department (HCHD) is offering this complementary directory for informational purposes only. The listing of providers does not constitute a recommendation of any one group or provider and is not an all-inclusive listing. HCHD accepts no responsibility or liability for any damages arising from the use of this information.***

***Information contained within this directory is subject to change at any time without prior written notice to or from HCHD or the mental health / behavioral health providers listed.***

***This Crisis Response Resource Guide was revised effective May 2018.***

***Mental health / Behavioral health and Crisis response providers may contact the Harford County Health Department at 410-273-5681 for any updates and/or changes to the information noted in this guide, or to be included in subsequent editions.***