*2017-18 Fallston "Cougar" Athletics Guidelines*

*Welcome to Fallston High School's Athletic Program. As Athletic Director, I would like to invite you and your family to participate in our Fall, Winter and Spring, programs, as a student-athlete, fan, and more importantly as a member of the Fallston school community. I wanted to put together some guidelines and important dates together to help you in the process of getting involved.*

***Sports Season's***

Fall Sports Season – begins August 9th 2017

Winter Sports Season – begins November 15th 2017

Spring Sports Season – begins March 1st 2018

***HCPS participation fee***

All student-athletes must pay a $100. Participation fee before they can play on a sports team. This fee can be paid through my school bucks on the hcps website.

There is a $200. Cap for students who play more than two sports per school year.

***Athletic Forms***

All student-athletes must have completed athletic forms including, medical history, doctor's evaluation, parent permission, hcps athletic policies, and baseline concussion permission forms prior to any participation in a sport.

Forms can be located and printed out from Fallston High School ed-line website(Sports Connections) or from the hcps website. It is the responsibility of the student-athlete to obtain these forms and to read, sign and return them to their coach prior or on the first day of practice ***No Exceptions***

Medicals are then kept on file with our school nurse and can be used for other sports season's during the 2017-18 school year.

Medicals must be scheduled after June 8th , 2017  ***No Exceptions.***  Please make sure that all medication forms are filled out and returned to keep on file in the nurse's office.

***Athletic Trainer (ATI)***

Fallston High has a full time athletic trainer who is available every school day after 1:30pm through after school practices and athletic events. Contact information and details will be available at parent/coaches pre-season meetings each season after teams have been announced